

Curriculum Vitae

DR. MARK M. W. SIBOE

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PERSONAL DETAILS

- **Date of Birth:** April 4th 1982
- Married with one child

RESEARCH & CAREER OBJECTIVE

To apply my surgical acumen in a bid to improve healthcare nationally and globally in both the academic and clinical fields. I have a keen interest in Endoscopy and Laparoscopy with a focus on Gastrointestinal Surgery. I also have a keen interest in Trauma Care and System development. My dissertation was in the thematic area of coloproctology and titled “*A double-blind randomized controlled trial comparing Effectiveness of 0.2% topical nifedipine versus 0.2% topical glyceryl trinitrate in the treatment of chronic anal fissure*”.

EDUCATION

January 2011 – December 2014

Master of Medicine in General Surgery (M.Med Surgery)

- Aga Khan University Hospital, Nairobi (AKUH,N)

October 2002 – November 2007

Bachelor of Medicine & Bachelor of Surgery (M.B.Ch.B.)

- University of Nairobi (UoN)

January 1997 – November 2000

Secondary Education

- Strathmore School
- Attained a mean grade of A-(minus) in the Kenya Certificate of Secondary Education examinations

PUBLICATIONS

1. **Siboe M.M.W.**, Abdalla R.O., Lakati K., Oduor P. Adenocarcinoma of the Colon in a 10-year-old child. *Ann. Afr. Surg.* 2010; **5**: 47-51
2. Abdalla R.O., **Siboe M.M.W.**, Lakati K. C. Gangrenous Caecal Volvulus in a 10-year-old child (Accepted for publication by *Annals of African Surgery*)
3. **Siboe M.M.W.**, Abdalla R. O., Kobe I., Abdallah A., Saidi H. Cholecystectomy – 5-year audit of practice at Aga Khan University Hospital (Nairobi) (Manuscript preparation)
4. **Siboe M.M.W.**, Saidi H., Abdallah A., Wasike R. A double-blind randomized controlled trial comparing effectiveness of 0.2% topical nifedipine versus 0.2% topical glyceryl trinitrate in the treatment of chronic anal fissure. (Submitted to *Diseases of Colon & Rectum*)

ON GOING RESEARCH

5. **Siboe M.M.W.**, Mugo C., Gitangu M., Abdallah A. Appendicectomy Audit – Our practice at a Tertiary University Hospital (Data analysis)
6. Abdalla R. O., Riogi B., **Siboe M.M.W.**, Saidi H. Westgate Mall Attack – Our Experience (Manuscript preparation)

WORK EXPERIENCE

April 2015 – Date

Medical Director

- The Superbike Championship

December 2014 – Date

General Surgeon

- Dr. S. N. Karau & Associates Clinic

March 2015 – October 2015

General Surgeon

- St. Mary's Mission Hospital, Nairobi

January 2011 – December 2014

Surgical Resident

- Aga Khan University Hospital (Nairobi)

February 2009 – December 2010

Medical Officer

- Government of Kenya
- Rift Valley Provincial General Hospital

January 2008 – February 2009

Medical Officer - Intern

- Government of Kenya

- Kericho District Hospital

November 2000 – October 2002

Assistant Teacher

- Strathmore School

RESPONSIBILITIES

- Medical Director (The Superbike Championship)
 - Ensure participant are medically fit to race and scrutinise medical examination forms
 - Enforce Medical Code before race organisation according to Federation of International Motoring (FIM) standards
 - Oversee racer stabilization and transfer if a medically significant event occurs
- General Surgeon (St. Mary's Mission Hospital):
 - Conduct ward round, run specialist clinic and theatre (emergency)
 - Supervise and mentor Medical Officer Intern(s) and Clinical Officer Intern(s)
 - Run the endoscopy clinic – performing upper and lower endoscopic procedures (diagnostic, therapeutic & interventional)
- Chief Resident, Department of Surgery:
 - Enhance communication between the resident staff, the faculty, and the administrative and clerical staff.
 - Advocate for the resident staff and promotes resident interests in conjunction with program needs and functions.
 - Work closely with the Program Director, particularly in coordinating resident rotation and call schedules, conferences, orientation programs, social functions, applicant interviews, resident involvement in student teaching, and maintaining resident morale
- Medical Officer:
 - Worked in the Department of Surgery at Rift Valley Provincial Hospital where I was the overall head of medical officers
 - Lead the trauma team at the hospital and helped develop protocols

PROFESSIONAL EXPERIENCE, TRAINING & DEVELOPMENT

- Science of Tissue Management Course, Nairobi Surgical Skills Centre on 25th June 2014
- Chief Medical Officer 1st Annual Superbike Championship Race held in Nairobi County on 15th June 2014
- PPH & Open Colorectal Stapling Course, Nairobi Surgical Skills Centre (NSSC), on 29-30th May 2014
- Moderator Colorectal Cancer Tumour Board at the Annual Scientific Conference by Surgical Society of Kenya held at Kilifi County, on 24th to 29th March 2014
- Oral presentation “*Cholecystectomy – Audit of Practise at Aga Khan University Hospital (Nbi)*” at the 14th Annual scientific conference of the Surgical Society of Kenya Kilifi County. Held on March 24th to 29th 2014
- Chief Medical Officer 1st Annual Superbike Trophy race held in Kiambu County, March 2014

- Clinical Immersion (live cases in the operating room) and lectures in the field of “Open Colorectal Surgery.” Scientific event hosted by Professor Richard John Heald at Aga Khan University Hospital (Nairobi) & Kenyatta National Hospital on 26th to 28th June 2013
- Certified in Advanced Cardiac Life Support (ACLS) following a provider’s course offered by Kenya Council of Emergency Medical Technicians on 29th to 30th May 2013
- Hernia workshop - Nairobi Surgical Skills Centre, March 2013
- Certified in Fundamentals of Critical Care Medicine, September 2012
- Oral presentation “*Colorectal cancer-Risk factors, Symptoms & Screening*” Stoma World Kenya meeting held on August 6th 2011 at Aga Khan University Hospital, Nairobi
- Certified in Advanced Trauma Life Support (ATLS) following a provider’s course offered by Aga Khan University Hospital, Nairobi on 18th to 20th May 2011
- Oral presentation “*Orthopaedic Implant Removal: Bane or Blessing?*” at the 11th Annual scientific conference of the Surgical Society of Kenya & Regional Meeting College of Surgeons of East, Central & Southern Africa (COSECSA), Naivasha. Held on April 14th to 15th 2011
- Attended and successfully completed Basic Surgical Skills training course, held at Aga Khan University Hospital, Nairobi between 5th and 6th March, 2011
- Oral presentation “*Paediatric colorectal carcinoma – a case report*” at the 10th Annual scientific conference of the Surgical Society of Kenya, Mombasa. Held on March 11th to 13th 2010
- Attended a pre-conference “Writing a Clinical Paper – putting it all together” workshop organised by the Surgical Society of Kenya and held at Nyali Beach Hotel, Mombasa on 10th March 2010
- Attended a pre-conference basic laparoscopic skills workshop organised by the Surgical Society of Kenya and held at Coast Provincial General Hospital, Mombasa on 9th & 10th March 2010
- Successfully completed The Humanitarian Peace Support School, Advanced Hospital Incident Command System Course (HICS-02) at Rift Valley Provincial General Hospital, Nakuru held from 10th to 12th September 2009
- Successfully completed The Humanitarian Peace Support School, Basic Hospital Incident Command System Course (HICS-01) at Rift Valley Provincial General Hospital, Nakuru held from 7th to 9th September 2009
- Successfully completed an Emergency Trauma Room Course offered by International Committee of the Red Cross on 11th to 13th May 2009 at the Panafric Hotel, Nairobi
- Attended a pre-symposium hernia workshop (Ultra Pro-hernia System) organised by the Surgical Society of Kenya and held at Rift Valley Provincial General Hospital, Nakuru on 24th & 25th March 2009
- Attended the Effective Healthcare Leadership Seminar, by Ken Hekman, held at The Aga Khan University Hospital, Nairobi on 10th & 11th February 2006
- Successfully completed an Intermediate Sign Language Training Program offered by Christian Mission Aid from January to June 2006
- Successfully completed a Beginners Sign Language training program offered by Christian Mission Aid from February to July 2005

CONFERENCES ATTENDED

- 14th annual scientific conference of the Surgical Society of Kenya, Kilifi County, Kenya. Held on March 24th to 29th 2014
- 11th annual scientific conference of the Surgical Society of Kenya, Naivasha, Kenya. Held on March 11th to 13th 2011
- 10th annual scientific conference of the Surgical Society of Kenya, Mombasa, Kenya. Held on March 11th to 13th 2010
- 9th annual scientific conference of the Surgical Society of Kenya, Nakuru, Kenya. Held on March 26th to 28th 2009
- 7th annual scientific conference of the Surgical Society of Kenya, Nairobi, Kenya. Held on March 15th to 17th 2007

PROFESSIONAL MEMBERSHIP

- Kenya Medical Association (KMA) – Member
- Surgical Society of Kenya (SSK) – Member
- Kenyan Paraplegic Organisation (KPO) – Member

INTERESTS AND ACTIVITIES

- Swimming, Rugby, Football, Cooking, Travelling

LANGUAGES

- English, Kiswahili, Kenyan Sign Language

MISCELLANEOUS

- Licensure: Kenya Medical Practitioners and Dentist Board (Registration No. A 006374)

REFERENCES

1. PROF. HASSAN SAIDI
ASSOCIATE DEAN & CHAIR OF ANATOMY DEPT., UNIVERSITY OF NAIROBI
IMMEDIATE FORMER PRESIDENT – SURGICAL SOCIETY OF KENYA
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2. PROF. RONALD WASIKE
ASSOCIATE PROFESSOR & BREAST SURGEON, AGA KHAN UNIVERSITY HOSPITAL
- NAIROBI
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3. DR. ABDULKARIM ABDALLAH
ASSISTANT PROFESSOR & PROGRAM COORDINATOR -SURGERY, AGA KHAN
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4. MR. MAHMOOD QURESHI
SENIOR LECTURER & CONSULTANT NEUROSURGEON – DEPARTMENT OF
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